



**STAND**  
TOGETHER



# Stand Together Program Overview

Stand Together is a free, referral based wellbeing and support program focused on the needs of children and young people in veteran families. The program recognises that when children and young people are safe, supported and connected, families are stronger and better equipped to navigate life after service.



## About the program

Delivered by Hope Together, Stand Together works alongside veterans, partners, carers and extended family members to provide trauma-informed guidance, early intervention, and warm connections to appropriate services at the right time. The program has a strong regional focus and is designed to complement, not duplicate, existing Ex-Service Organisations (ESOs) and community supports.

## Program objectives

Children and young people in veteran families can experience unique challenges related to military service, including frequent transitions, separation from parents, exposure to trauma, and adjustment to civilian life. These experiences can impact wellbeing, mental health, education, relationships and a sense of belonging.

Stand Together responds to these challenges by placing children and young people at the centre of support, while also recognising the critical role of parents, carers and families in promoting stability, recovery and long-term wellbeing.

## Who we support

Stand Together provides support to:

- Children and young people living in veteran and ex-service families
- Veterans, including current and former ADF members
- Partners, carers and extended family members who support children and young people.

Support is flexible and responsive, based on the needs of each child, young person and family.





## Program services

### Wellbeing and mental health

- Trauma-informed wellbeing checks for children and young people
- Supported referrals to child, youth and family counsellors
- Early identification of wellbeing concerns and emerging needs
- Connection to age appropriate peer supports and community mental health services
- Practical guidance for parents and carers to strengthen children's emotional safety and resilience

### Information, guidance and advocacy

- Referrals to accredited advocacy organisations for: DVA claims, White/Gold card applications, Compensation & pensions
- Assistance in locating specialist veteran and family services across Australia
- Supporting families to understand available systems and pathways without duplicating ESO advocacy roles

### Crisis and practical support

- Warm referrals for emergency relief and crisis accommodation
- Support accessing financial assistance and welfare services
- Practical navigation to help families find the right support quickly during times of stress or instability
- Coordination with local services to reduce barriers to access

### Community, belonging and connection

- Linking children and young people to mentoring, groups and activities
- Connecting families with local community networks that reduce isolation
- Supporting participation in community events and local programs
- Strengthening positive relationships and a sense of belonging within local communities



## Our approach

- **Child centred and family focused:**  
Children and young people are at the heart of every decision.
- **Referral based, person centred support:**  
We help families reach the right service and we don't replace existing ESOs.
- **Trauma-informed practice:**  
Every interaction prioritises safety, trust, cultural respect and dignity.

## Our partnerships approach

The program works collaboratively with local organisations, ensuring coordinated and integrated responses that strengthen support for children, young people and their families.

We partner with:

- Ex-Service Organisations (ESO's)
- Community and youth services
- Family, wellbeing and mental health providers.

## Our reach

Service delivery covers:

- Adelaide
- Port Augusta
- Whyalla
- Port Pirie
- Spencer Gulf
- Upper North communities



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